



# COMPETITION SHOTGUN ABILITY CHECK

---

Our ability checks are designed to evaluate your skill level against the minimum standard that you would require to safely participate in the program. All of the checks are based on the level of proficiency that you should have mastered and be able to demonstrate having regard for your previous experience. If you do not pass, we will provide a credit for an future course. In fairness to all of our students we have to insist on a minimum skill level.

We have furnished you with this information, so that you can go to a range and check your own skill level ahead of time.

## **Skill check criteria (do this test in your own time before arriving for training)**

- Understand and articulate the four firearm safety rules. (oral presentation)
- Demonstrate safe load, unload and presentation skills.
- Starting chamber empty, Fire 6 rounds at 6 steel plates in 7 seconds, from 15 metres.
- Starting chamber empty, fire 4 rounds of which 1 will be a dummy, reload with 3 and fire 3 rounds at six steel plates in 15 seconds
- Starting chamber empty, demonstrate the kneeling, and prone position by firing 3 rounds at 3 steel plates from kneeling (10 metres), retreating safely to 15 metres and firing 3 rounds at 3 steel plates from prone – to be completed in 16 seconds

[www.zeropointsdownacademy.com](http://www.zeropointsdownacademy.com)

email [jonathan@zeropointsdownacademy.com](mailto:jonathan@zeropointsdownacademy.com) / [ivdbank@zeropointsdownacademy.com](mailto:ivdbank@zeropointsdownacademy.com)

Telephone 023-358-9903 cell 076-838-5150/083-330-8002

Registered with South African Professional Firearm Trainers Council ([www.pftc.co.za](http://www.pftc.co.za))

Registered address: 3 Lancelot Village, Tosca Crescent, Sonstraal, Durbanville, 7550, Western Cape

